



NK Marina ^{RSA}
Sicily healthcare experience

OUR CARE PROGRAMS

Excellence in Healthcare &
Rehabilitation on the Sicilian Coast



Under 60 CARE PROGRAM for Men & Women

WEEKLY RATES (ACCOMMODATION INCLUDED)

EN

SINGLE ROOM	€ 2.250
DOUBLE ROOM	€ 2.000

- Comprehensive medical check-up upon admission and creation of a personal medical record
- Internal medicine consultation
- Initial laboratory blood tests
- ECG (electrocardiogram) with cardiology evaluation
- Personalized rehabilitation program
- Two weekly group yoga sessions
- Nutritional consultation with development of a personalized meal plan
- Restaurant service in a private dining area

* Additional diagnostic tests (Ultrasound, CT scan, MRI) and specialist consultations available at affiliated external medical centers.

Accommodation & Services:

Full-board stay in a private or shared room equipped with free Wi-Fi, TV, and air conditioning/heating. Breakfast, lunch, dinner, and two daily snacks are served at the dedicated restaurant.



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OUR WEBSITE





NEUROCOGNITIVE

CARE PROGRAM

WEEKLY RATES (ACCOMMODATION INCLUDED)

EN

SINGLE ROOM	€ 2.500
DOUBLE ROOM	€ 2.250

- Comprehensive medical check-up upon admission and creation of a personal medical record
- Neurological consultation
- Electroencephalogram (EEG)
- ECG (electrocardiogram)
- Transcranial brain stimulation sessions.

Transcranial stimulation is a non-invasive technique used to activate specific areas of the brain and enhance cognitive function. It has shown effectiveness in the management of conditions such as depression, Alzheimer's disease, Parkinson's disease, obsessive-compulsive disorders, and behavioral addictions.

- Nutritional consultation with development of a personalized meal plan
- Restaurant service in a private dining area

Accommodation & Services:

Full-board stay in a room equipped with free Wi-Fi, TV, and air conditioning/heating. Breakfast, lunch, dinner, and two daily snacks served at the dedicated restaurant.



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NEUROCOGNITIVE

CARE PROGRAM

TRANSCRANIAL ELECTRICAL STIMULATION tES – Sooma DUO (tDCS / tACS)



EN

Transcranial electrical stimulation with Sooma DUO is a non-invasive technique used to stimulate specific brain areas. It is effective in the treatment of **depression, chronic pain, post-stroke rehabilitation, and cognitive support (MCI/dementias)**.

SESSION FEES

ASSESSMENT & PROTOCOL (mandatory)	€ 200
DUO – Entry (assessment, safety screening, protocol and outcome definition)	
SINGLE SESSION	€ 50
5-SESSION PACKAGE	€ 235
10-SESSION PACKAGE	€ 450
15-SESSION PACKAGE	€ 645
20-SESSION PACKAGE	€ 800
30-SESSION PACKAGE	€ 1.140

Sessions include: administration of stimulation, parameter recording, tolerability monitoring, and session traceability.

ON-LABEL PACKAGES (MDR/IFU)

Depression and Chronic Pain

STARTER 10	€ 650
DUO Entry (€ 200) + 10 sessions. Essential pre/post outcome assessment	
STANDARD 15	€ 845
DUO Entry (€ 200) + 15 sessions. Standard pre/post outcomes + brief feedback	
CORE 20	€ 1.000
DUO Entry (€ 200) + 20 sessions. Pre/post outcomes + final summary report (on request)	
INTENSIVE 30	€ 1.340
DUO Entry (€ 200) + 30 sessions. Pre/post outcomes + extended final report	
MAINTENANCE/BOOSTER	da € 235
Pay-per-use or package sessions according to the session fee schedule (e.g. 5, 10)	



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OFF-LABEL PROGRAMS (clinical-scientific evaluation)

EN

POST-STROKE - 15 (Adjunct rehab)

€ 845

DUO Entry (€ 200) + 15 sessions.

Agreed functional/cognitive endpoints + brief technical report

POST-STROKE - 20

€ 1.000

DUO Entry (€ 200) + 20 sessions.

Mid-treatment check + extended report (adherence, tolerability, outcomes)

COGNITIVE (MCI/Dementias) - 20

€ 1.000

DUO Entry (€ 200) + 20 sessions.

Pre/post cognitive and functional outcomes + extended report

★ Off-label use requires specific informed consent, defined inclusion/exclusion criteria, structured outcome tracking, and audit.

COMPLIANCE NOTES

1. On-label: pathways within the MDR/IFU intended use of the device (depression and chronic pain).
2. Off-label: only with dedicated consent and outcome tracking; not MDR indications.
3. Duration, frequency, and parameters are defined by the clinician according to appropriateness and safety criteria.



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NEUROCOGNITIVE

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TRANSCRANIAL MAGNETIC STIMULATION rTMS – MagVenture



EN

Repetitive transcranial magnetic stimulation (rTMS) using MagVenture technology is a non-invasive technique for stimulating specific brain areas. It is effective in the treatment of **major depressive disorder, obsessive-compulsive disorder (OCD), substance use disorders, post-stroke rehabilitation, and neurocognitive support.**

ON-LABEL PACKAGES

Major Depression, Obsessive-Compulsive Disorder (OCD), Substance Use Disorders

SCREENING & PLANNING	€ 200
Clinical assessment, safety checklist, outcome definition, and treatment planning	
STARTER 10	€ 1.500
10 sessions + 1 clinical check + essential pre/post outcomes + progress note	
CORE 20	€ 2.900
20 sessions + 2 clinical reviews + standard pre/post outcomes + final report	
EXTENDED 30	€ 3.800
30 sessions + 3 reviews + pre/post outcomes + final report	
MAINTENANCE/BOOSTER	€ 150 / session
Post-cycle maintenance sessions (traceability + periodic mini-checks)	
BOOSTER 5 (5 sessions)	€ 700
BOOSTER 10 (10 sessions)	€ 1.350

OFF-LABEL PROGRAMS

POST-STROKE (Stroke Rehab Adjunct)	€ 3.000
Screening + 20 sessions parallel to rehabilitation + pre/post outcomes + report	
NEUROCOGNITIVE REHABILITATION SUPPORT	€ 3.000
20 sessions + pre/post cognitive and functional outcomes (brief battery or integrated neuropsychology) + report	

***Off-label use requires specific informed consent, defined inclusion/exclusion criteria, structured outcome tracking, and audit.**

COMPLIANCE NOTES

1. **On-label:** pathways within the MDR/IFU intended use of the device (major depression, OCD, substance use disorders).
2. **Off-label:** only with dedicated consent and outcome tracking; not MDR indications.
3. Duration, frequency, and parameters are defined by the clinician according to appropriateness and safety criteria.



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NEUROCOGNITIVE

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MINDLENSES PROFESSIONAL – COGNITIVE REHABILITATION

MindLenses Professional is a certified medical device for non-invasive cognitive rehabilitation. It combines neuromodulation via prismatic lenses with gamified cognitive training on a tablet, supported by a clinical data management portal. The program is always delivered under healthcare professional supervision and includes pre/post assessments. It is indicated for **cognitive function rehabilitation in post-stroke patients, post-traumatic brain injury (TBI), ADHD, and mild cognitive impairment (MCI).**

EN

Program Structure (standard):

- Clinical-functional interview
- Brief outcome battery selected for the individual case
- Training profile setup
- 10 guided sessions (approximately 45 minutes each) with prismatic adaptation and serious games
- Adherence and parameter monitoring via the clinical portal
- Intermediate clinical check when indicated
- Re-assessment of main outcomes and pre/post comparison
- Final report with recommendations and booster indications

PACKAGES

ENTRY ASSESSMENT € 200

Assessment + baseline outcomes + therapeutic plan definition

ESSENTIAL (10 sessions) € 500

10 sessions + essential pre/post outcomes + summary report

STANDARD (10 sessions + neuropsychology) € 650

10 sessions + brief neuropsychological battery pre/post + extended report

PREMIUM (10 sessions + 2 follow-ups) € 700

Standard package + 2 follow-ups (30 and 90 days) + maintenance recommendations

★Off-label use requires specific informed consent, defined inclusion/exclusion criteria, structured outcome tracking, and audit.

COMPLIANCE NOTES

1. On-label indication (MDR, CE Class IIa): rehabilitation of cognitive functions in post-stroke patients.
2. Certified / commercially marketed indications in Italy (pre-MDR, Class I – per RNT communications): post-stroke cognitive deficits, post-traumatic brain injury (TBI) cognitive deficits, ADHD (attention-deficit/hyperactivity disorder).
3. Off-label / under clinical-scientific evaluation areas: Mild Cognitive Impairment (MCI) and cognitive decline (evidence under development and research projects), specific learning disorders (e.g. dyslexia – published clinical studies)



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PHYSICAL REHABILITATION PROGRAMS LIGHT PROGRAM



MONTHLY RATES (ACCOMMODATION INCLUDED)

EN

SINGLE ROOM	€ 7.500
DOUBLE ROOM	€ 6.500

- Comprehensive medical check-up upon admission and creation of a personal medical record
- Initial laboratory blood tests
- ECG (electrocardiogram)
- Diagnostic imaging (CT scan / MRI)
- 60 minutes of daily rehabilitative physical therapy
- Nutritional consultation with development of a personalized meal plan
- Restaurant service in a private dining area

Accommodation & Services:

Full-board stay in a room equipped with free Wi-Fi, TV, and air conditioning/heating. Breakfast, lunch, dinner, and two daily snacks served at the dedicated restaurant.



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PHYSICAL REHABILITATION PROGRAMS

PREMIUM PROGRAM

MONTHLY RATES (ACCOMMODATION INCLUDED)

EN

SINGLE ROOM	€ 8.500
DOUBLE ROOM	€ 7.500

- Comprehensive medical check-up upon admission and creation of a personal medical record
- Initial laboratory blood tests
- ECG (electrocardiogram)
- Diagnostic imaging (CT scan / MRI)
- 120 minutes of daily rehabilitative physical therapy (morning and afternoon sessions)
- Nutritional consultation with development of a personalized meal plan
- Restaurant service in a private dining area

Accommodation & Services:

Full-board stay in a room equipped with free Wi-Fi, TV, and air conditioning/heating. Breakfast, lunch, dinner, and two daily snacks served at the dedicated restaurant.



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LONG STAY SENIOR PROGRAM AGE 60+

MONTHLY RATES (ACCOMMODATION INCLUDED)

EN

SINGLE ROOM	€ 6.000
DOUBLE ROOM	€ 5.000

- Comprehensive medical check-up upon admission and creation of a personal medical record
- Internal medicine consultation
- ECG (electrocardiogram) with cardiology evaluation
- Initial laboratory blood tests
- One personalized specialist consultation
- Mid-stay medical follow-up
- Nutritional consultation with personalized meal planning
- Restaurant service in a private dining area

Soggiorno in Pensione Completa:

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